



U.S.A. Kobudo Club

Release of Liability

1. I understand that there are risks involved in receiving martial arts instruction. Martial arts instruction involves learning and practicing techniques that may include, among other things, strikes, kicks, falls, throws, and various reversals (which I would both perform on others and have performed on me). Participating in these activities could result in various injuries, even a potentially serious injury. Such injuries could include, but are not necessarily limited to, damaged or broken bones (orthopedic injuries) and damaged nerves (neurological injuries).
2. I agree that I will exercise reasonable care for others and myself while receiving instruction in, or practicing, martial arts at any regular training class or *enbu* (public demonstration) sponsored by U.S.A. Kobudo Club. I understand that I have chosen to receive such instruction and that I am free to discontinue participating at any time.
3. Nevertheless, I, (on behalf of myself, or any administrators, executors, successors or assignees) waive and release _____ [training facility], U.S.A. Kobudo Club Dojo and dojo-cho, Mark J. Toth, [if a university club event, the university club group leader, _____,] fellow students or participants from any and all claims and liability, actions, losses, damages or any other costs resulting from, or in any way connected with, my participation or receipt of instructions, in the martial arts.
4. I acknowledge that I have read and voluntarily sign this release of liability. I have had (or have taken) the opportunity to fully discuss this release with a U.S.A. Kobudo Club representative and have any of my questions concerning this release satisfactorily answered before signing. I also understand that while this release was presented to me by a U.S.A. Kobudo Club representative, I have the right to have it independently examined before signing it. I also have the right to request or negotiate changes, deletions, or additions to this release.

Signature: _____

Date: _____

Printed Name: _____